



Public Health Advisory: Outbreak of Ebola Virus Disease in Uganda

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On 30th January 2025, the Ugandan Ministry of Health confirmed an outbreak of Ebola Virus Disease (Sudan Strain). Although **no cases** have been reported in Sierra Leone, the risk of cross-border transmission remains a concern. The National Public Health Agency (NPHA) and the Ministry of Health (MOH) are closely monitoring the situation and are implementing proactive measures to safeguard public health.

Key Public Health Actions

- Enhanced screening at airports, seaports, and land borders to identify and isolate suspected cases.
- Emergency response teams and health facilities are on high alert for early detection and containment.
- Public awareness campaigns to educate communities on Ebola symptoms, prevention, and reporting procedures.

Signs and Symptoms of Ebola

- Fever, weakness, headache, sore throat
- Vomiting, diarrhea, rash
- Unexplained bleeding or bruising

How Ebola Spreads

Ebola spreads through direct contact with:

- Bodily fluids (blood, saliva, vomit, urine, faeces, sweat, breast milk, semen) of an infected person.
- Contaminated objects or surfaces.
- Infected animals (such as bats and non-human primates).

Prevention Measures

- Wash hands regularly with soap and water.
- Avoid physical contact with suspected Ebola patients and their body fluids.
- Do not handle or eat bush meat.
- Report any suspected symptoms immediately to the nearest health facility or call 117.

The NPHA and MOH urge the public to remain calm but vigilant and to follow all health guidelines to protect themselves, their families, and their communities. The health and safety of the people of Sierra Leone remain our top priority.

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